



**Sherilyn Henderson**

**SAG-AFTRA**

**Business Contact Number**





# Sherilyn Henderson

SAG-AFTRA



[Web Resume](#) [Headshots](#) [Video Clips](#)

## Representation:

Available to work in the following additional locations: Iowa, Minnesota

Business Contact Number: 952-607-7132

## Physical Characteristics:

<b>Gender:</b> Female	<b>Height:</b> 5' 5"	<b>Weight:</b> 115 lbs.
<b>Hair:</b> Brown	<b>Eyes:</b> Green	<b>Dress Size:</b> 4
<b>Pant Size:</b> 4	<b>Waist:</b> 26"	<b>Hips:</b> 34"
<b>Bust/Chest:</b> 34"	<b>Cup Size:</b> A	

**Body Type:** Athletic, Petite, Slim

**Portrayable Ethnicities:** British, Caucasian/White, European, French, Greek, Irish, Italian, Latino/Hispanic, Polish, Portugese, Romanian, Russian, Scottish, Spanish

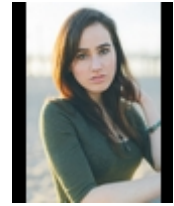
## Experience:

### Film

Case # 377	Alex -- lead role	John Gigrich, Director, Green Sea Prod.
The Cabin	Kelly -- lead role	John Gigrich, Director, Green Sea Prod.
Birthday Girl	Katie -- lead role	Troy Perkins, Director, Northtown Productions
W-T-F	Billie -- lead role	Sayer Frey, Dir./OneEyed Films
Lilia	Lilia - lead role	Britni West, Director, MCAD
Baked Diesel	Tiffany -- co-star	Andrew Stoute, Director, Flyin' Monkey Films
God's Cookery -- Thy Will Be Done	Cindy -- co-star	David Watkins, Director, MansionMedia
High School Drifter	Beth -- supporting	Jason Almendinger, Soft Drink Productions
Light & Darkness: The Rogue	Goodnight Girl #1 -- supporting	Zach LeBeau, Director, Wholecrue Productions
Girl Talk	Pool Partier -- supporting	Lynn d'Angona, Director, DGA / Kodak
A Serious Man	Neighbor Kid on bicycle	Joel Coen, Dir./Big Minyan Films LLC
Good Morning Beautiful	Funeral Guest	Todd Cobery, Director/ Minneapolis, MN
The Old Arizona -- trailer	Restaurant Customer	Andy Awes, Committee Films
Choose Connor	Graduation Guest	Lucas Elliott, Director/Blue Cactus Productions
Watercolors	High School Student	David Oliveras,Dir./SilverLight Entertainment
D-Hall	High School Student	Matt Mabry,Dir./Meadowknoll Productions
Space Cadets	A.D.D. Therapy Member	Josh Porro,Dir./Chapman University



**Sherilyn Henderson**  
SAG-AFTRA



Matters of Life and Death High School Student Joseph Mazzello,Dir./MOLAD LLC Production

**Web Series / Internet**

D.P.I. Discount Paranormal Investigators Kendra -- lead role Matthew Ladensack, Director/CrashPad Media (pilot)

**Television**

The Wedding Band (pilot) Zoe the babysitter - featured Bryan Gordon, Dir. / Tollin Productions

America's Most Wanted Jennifer - co-star STF Productions, Los Angeles

True Blood Battered Woman - featured HBO Productions

Victorious Art Class Student - featured Nickelodeon, Los Angeles

Kid Dakota Music Video Suicidal Girl -- co-star Todd Cobery, Dir. / Cinequipt

American Cafe' Multiple Roles -- co-star Bill Benton, Dir. / The Real America

POS Music Video Protester -- supporting Todd Cobery, Dir. / Cinequipt

6:30am Music Video Street Walker -- supporting Avesta Jowkar Production

Cheetah Girls 2 Promo Party Goer -- supporting MoPo Productions/Disney

**Commercial**

Jon Lovitz PSA Commercial Principal - SAG National Jerry Zucker, Director

Marshalls First Day of School Principal - SAG National Cohn & Company

Center for Disease Control / VERB Principal - SAG National Cucoloris Films/Danny Duconvy

Mattel Barbie Principal - SAG National Tag Team

**Stage**

Romeo and Juliet (Passion & Poison) Juliet -- lead role The Childrens Theater, MN

The Laramie Project Multiple Lead Roles The Childrens Theater, MN

Bah Humbug! Christmas Carol Lizzie -- co-star H. B. Clubhouse Theater

Dont Say No to the USO Carl Ryder -- co-star H. B. Clubhouse Theater

Kokonut Kapers Vickie -- co-star H. B. Clubhouse Theater

How to Eat Like a Child Kimberly -- co-star H. B. Clubhouse Theater

Charlottes Web Uncle the Pig -- co-star H. B. Clubhouse Theater

**Other**

ShopNBC Modeling - Christie Harris Brow Kit

Nickelodeon Universe at Mall of America Modeling - Splatosphere Ride Terry Anderson Photography

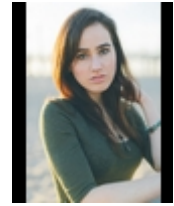
Polaroid Focus Group Teen Screener Julia Van Hamm

Speedo Modeling - Clothing

Plum Pudding Modeling - Clothing



**Sherilyn Henderson**  
SAG-AFTRA



**Links:**

Sherilyn Henderson IMDB and <http://www.imdb.com/name/nm2171406>

Demo Reels

Sherilyn Henderson in Hot Mess <http://www.youtube.com/watch?v=GYkx9drfiBU>

Sherilyn Henderson in W-T-F <https://www.youtube.com/watch?v=-S5MiBlyRxM>

**Actor Bio:**

Sherilyn Henderson is a SAG-AFTRA actress in good standing. She is also a college graduate from Loyola Marymount University in Los Angeles, California, where she studied for four years and obtained a Bachelor of Arts Degree in English - Writing Emphasis and a Minor Degree in Theatre Arts. She resides in Los Angeles, California.

**Skills and Training:**

**Special Skills:**

Animal Handler, Basketball Player, Bowler, Fisherman, Golfer, Ice Skater, Improv, Model, Roller Blader, Skier-Snow, Snow Boarder, Soccer Player, Swimmer, Tennis Player, Track & Field Athlete

**Languages:**

**English** - Conversational , English Accent , **Spanish** - Conversational

**Other Skills:**

Current Passport & Calif. Work Permit, Plays Younger Roles, Tennis, Soccer, Swimming, Rollerblading, Biking, Scootering, Running, Climbing, Dancing, Singing, Chess, Loves Children and Animals.

**Professional Training/Education:**

Acting--ActorfestLA09--Craig Campobasso, Fern Champion, April Webster, Sharon Lieblein, Francene Selkirk

Acting -- Harriet Greenspan, Casting Director -- Los Angeles, California

Acting -- Joey Paul Jensen Casting -- On Camera Scene Study Workshops -- California

Acting -- Nancy Naylor Battino, Casting Director -- Los Angeles, California

Acting - Matthew Barry, Casting Director - Inside the Industry seminar -- L.A., CA

Acting - Lisa Pantone, Casting Director - Inside the Industry seminar -- L.A., CA

Acting -- Judy Belshe-Toernblom -- The Great Balboa -- California

Acting -- Lynn Blumenthal Casting -- On Camera Classes For Kids And Teens -- Minneapolis, MN

Acting -- JR Casting -- On Camera Class -- Minneapolis, MN

Cold Reading --SAG Foundation Wkshps --Carolyn Long, Concetta Di Matteo & Mark Paladini, CA

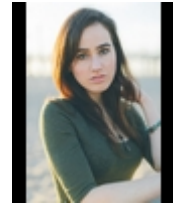
Cold Reading -- Actors TV and Commercial Workshops -- Valentino Perry -- California

Commercial Acting -- Kris Kyer Workshop -- California

Dance -- Pacific Dance Studio -- Karen Coe -- California



**Sherilyn Henderson**  
**SAG-AFTRA**



Improvisation -- The Guthrie Theater -- Improvisation for Teens -- Minneapolis, MN  
Improvisation --SAG Foundation Wkshps --Carolyn Long,Concetta Di Matteo& Mark Paladini, CA  
Improvisation -- Actors TV and Commercial Workshops -- Valentino Perry  
Improvisation -- Brave New Workshop Comedy Theater -- Minneapolis, MN  
Musical Theatre -- H.B. Clubhouse Theater -- Bob Hoxsie -- California  
Singing -- Choir, LSHS, Minneapolis, MN  
Theatrical Acting -- Sandra K. Horner Teen Method Workshop -- Minneapolis, MN  
Shakespeare Theatre Acting -- The Children's Theatre Company (CTC) -- Minneapolis, MN  
Triple Threat -- The Children's Theatre Company (CTC) -- Minneapolis, MN  
Voice -- Erin Reykdal, Minneapolis, MN