



Alana Crow

SAG-AFTRA

Momentum Talent Agency 310-858-6655





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[Web Resume](#) [Headshots](#) [Video Clips](#) [Audio Clips](#)

Representation:

Available to work in the following additional locations: CA - Hollywood, Oregon

Momentum Talent Agency	Agency - AFTRA Verbal	Los Angeles	310-858-6655
Momentum Talent Agency	Agency - SAG Verbal	Los Angeles	310-858-6655
Option Model & Media	TV & TH	Portland	503-549-8684

Physical Characteristics:

Gender: Female **Height:** 5' 2" **Weight:** 120 lbs.
Hair: Brown **Eyes:** Blue **Dress Size:** 6
Pant Size: 6 **Waist:** 25" **Hips:** 36"
Bust/Chest: 34" **Cup Size:** B

Body Type: Average, Petite

Portrayable Ethnicities: Australian, British, Caucasian/White, European, Irish, Scandinavian, Scottish

Experience:

Stage

Company Member 68 Cent Crew Theatre Company Ronnie Marmo - Artistic Director

Film

Don't Let Them In (short)	Jan - Lead	Negative Space Films / David Lawrence
The Polterguys	Cat Lady - Supporting	The Polterguys, LLC / Tom Whelan
Wake Before I Die	Belle Lewis - Supporting	Wooden Frame Productions / Freeman Brothers
How the Fire Fell	Sarah Hurt - Supporting	Vladimir Pack Prods / Edward Davee
American Disciples	Secretary - Supporting	ToeKnee Films / Anthony Pierce
Nice Day to Die (short)	Iris / Lead	Todd Freeman, LLC / Todd Freeman
Inside Out (student)	Rebecca - Lead	SuperEd86 / Edward Vilderman
Two Years of Sorry (short)	Lana / Lead	Nomads, Liars & Thieves / Jim Keenan
Decedent (short)	Dr. Reneau / Lead	Robert Blanche - Portland Acting
Reception (original short)	Francine / Lead	Vincent Caldoni - Portland Acting

Television

Leverage	Caretaker Lady	Leverage 4 Prods Inc / John Rogers
Knight Rider	Michael's Friend	Universal Studios
Teachers Only	Punk Rocker	Carson Productions
Simon and Simon	Juvenile delinquent	Universal Studios



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Joe Dancer - The Big Trade	Office Assistant	Orion Pictures
General Hospital	Beth	ABC-TV
Days of Our Lives	Candy Striper	Corday Productions
Young and the Restless	Cult Member	CBS-TV
Emergency One	Accident Victim	Universal Studios

Links:

Website - Alana Crow	http://www.alanacrow.com
Acting Reel & Film Clips (HD)	http://www.vimeo.com/alanacrow
IMDB - Alana Crow	http://www.imdb.me/alanacrow

Skills and Training:

Special Skills:

Bicyclist (Racing), Bowler, Golfer, Mountain Biker, Photographer, Scuba Diver, Skier-Snow, Swimmer

Other Skills:

Indoor Rock Climber, Firearms, Aerial Wire Flying - (basic training), Web Site Designer

Professional Training/Education:

Commercial Audition Technique - Killian McHugh

Cold Reading & Audition Technique - Melissa Skoff

Improv - The Groundlings (core program) - Jay Lay & Tom Blank

Improv Intensive Workshop - Gary Austin

Film Acting - Portland Acting - Robert Blanche

Acting Technique & Private Coaching - Portland Actors Conservatory - Connor Kerns & Beth Harper

Acting Technique - Professional Actors Workshop LA - Jeff Corey & Al Ruscio

Voice-over (Commercial & Animation) - Sue Blu Voice-over Workshops LA - Susan Blu

Voice-over (Commercial & Animation) - Voicetrax San Francisco - Samantha Paris & Guests

Theatre Major (2 years) - University of Southern California

Radio & TV Major - Cal State Northridge